



YEAR 9 CURRICULUM

Subject: PSHCE

Head of Department: Mrs Hill

Topics of Study:

- KS4 Options and Careers Research
- Puberty
- Eating Disorders
- Dealing With Anger
- Body Image
- Study Skills
- School Parliament
- Sex Education (Lessons cover internet safety, consent, contraception. Parents can choose for their child to opt out of these sessions.)
- Drugs Education

Assessment overview:

- VLE quizzes at the end of each unit to check understanding

Homework:

- VLE quizzes

Extra-curricular opportunities:

- careers research sessions
- careers talks
- 'Chelsea's Choice' performance

The following websites are recommended to extend learning:

- www.nhs.uk
- www.childline.org.uk/info-advice/you-your-body/puberty/
- <http://www.youthconnexions-hertfordshire.org/careers/>