

STUDENT BULLETIN: MON 01st MARCH

PHYSICAL CHALLENGE

BRING SALLY UP CHALLENGE!

Choose any exercises with 2 movements to complete the challenge – examples & song can be found in the link below.....

Mr Graham says it's a tough one!! Share your videos/ photos of you taking part with us!!

https://www.youtube.com/watch?v=sqRMHtNbnJc&ab_channel=BuffDudes



INCLUSION FOCUS: BOOK / FILM CLUB



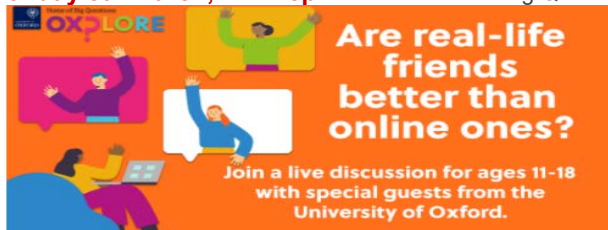
A perfect watch for **Women's History Month**: In early 20th-century Britain, the growing suffragette movement changes the life of working wife and mother Maud Watts. Galvanized by political activist Emmeline Pankhurst, Watts joins a diverse group of women who fight for equality and the right to vote. Faced with increasing police action, Maud and her dedicated suffragettes must play a dangerous game of cat-and-mouse, risking everything for a just cause.

Please send in any film/book recommendations!!

CAREERS, NEXT STEPS & OPPORTUNITIES

Join the Oxplore LIVE event on:

Monday 8th March, 2- 2:45pm focused on the Big Question:



<https://www.eventbrite.co.uk/e/oxplore-live-are-real-life-friends-better-than-online-ones-tickets-137804265267?aff=Outreach>

Year 12:



UNIQ Applications for Oxford's flagship Year 12 access programme UNIQ are now open and close on **15th March**:
<http://www.uniq.ox.ac.uk/>

THOUGHT / QUOTE OF THE WEEK

"We do not need magic to transform our world. We carry all the power we need inside ourselves already. We have the power to imagine better."

—J.K. Rowling



DINGBATS

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MILONELION

Email your answers to address below!!

WORD OF THE WEEK

effervescence

'full of life and excitement'



GET INVOLVED



Please send any ideas or contributions for the student bulletin to:

studentbulletin@wootton.beds.sch.uk

The names of all of those who get involved will go into a draw to win an amazon voucher!!

KEY UPDATES:

Start your week with a thank you: <https://thankateacher.co.uk/thank-a-teacher/thank-a-teacher-form/>

NEW Wellbeing support: Watch this short video about acknowledging your feelings and reaching out for help if needed:
<https://youtu.be/hiYhXjLeaCk>

ROLE MODELS OF THE WEEK



CARRIE FISHER



FRIDA KAHLO



HARRIET TUBMAN



ROSA PARKS



MALALA YOUSAFZAI



JOY HARJO



MARIE CURIE



RUTH BADER GINSBURG



AMELIA EARHART

Women's History Month gives us the opportunity to reflect & think about Women who have inspired change:

https://www.youtube.com/watch?v=m_UjYOfmkn8&ab_channel=UNWomen

WELLBEING RESOURCES



Staying Safe Online

https://www.thinkuknow.co.uk/14_plus/

General Student Welfare: <https://www.woottonupper.co.uk/student-welfare>

Mental Health/ Anxiety: <https://calmharm.co.uk/>

<https://www.clearfear.co.uk/> <https://www.kooth.com/>

Bereavement:

<https://www.cruse.org.uk/> <https://www.winstonswish.org/>

Gender Identity / sexual orientation:

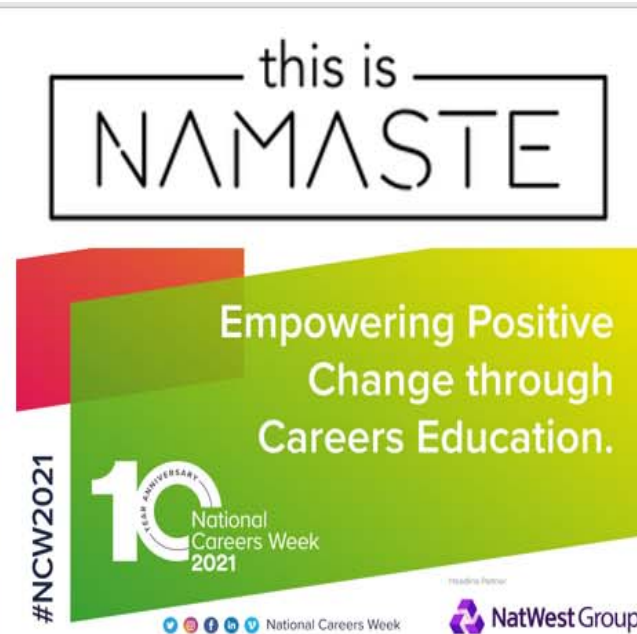
<https://mermaidsuk.org.uk/> <https://www.theproudtrust.org/>

KEY DATES:

Women's History Month
National Careers Week
Mon 1st Mar: St David's Day
Fri 5th Mar: World Book Day

NATIONAL CAREERS WEEK

WOOTTON
ACADEMY
TRUST



Natasha Stewart is a Scottish solo artist going under the moniker "[ThisisNamaste](#)." Natasha will be delivering an online performance and talk to all year groups as part of National Careers Week. Natasha has already toured as a backing singer for Rita Ora & Ella Eyre, and is now embarking on her own exciting solo journey. She also supported Ella Eyre on some of her tour dates as well as releasing her debut album. Natasha is a University graduate and has had her own struggles with mental health so feels she is in the perfect position to be talking about careers, education & options after school and college as well as mental health and wellbeing. Please check out a couple of her music videos below;

Access through
MICROSOFT
TEAMS

[ThisisNamaste - Exactly What You Want \(Official Music Video\)](#)
[ThisisNamaste - Ruin My Life Cover \(Cover Video\)](#)

Access through
MICROSOFT
TEAMS

Friday 5th March

Lesson 5 – 1:30pm – 2:30pm – Year 9/10

Monday 8th March

Lesson 2 – 9:30am – 10:30am - Year 11

Lesson 3 – 10:30am – 11:30am – Year 12 and 13



COLLEGE
WOOTTON
MUSIC THEATRE ART DANCE

COLLEGE
KIMBERLEY
SCIENCE TECHNOLOGY ENGINEERING MATHS

NATIONAL CAREERS WEEK



A fun short careers quiz for students where they will find out more about the previous jobs that Wootton Academy Trust staff have held. All those who complete the quiz will be entered into a prize draw where three lucky winners from WUS and three winners from KC will receive a **£10 amazon gift voucher**. There are separate quizzes for WUS and KC students.

Year 9, 10 and 11:

<https://tinyurl.com/3xent2vc>

Year 12 and 13:

<https://tinyurl.com/kjbwpae3>



An event for parents and students to find information on a range of career opportunities.

Available on demand all week at: Visit this online event throughout the week at: <https://ncw2021.co.uk/>



Upcoming webinars

Hear directly from the experts

Find out more and book here:

UK University Series: Study in the South West - Monday 1 March @ 16:30 - [sign up](#)

UK University Series: Study in the North West - Monday 1 March @ 18:00 - [sign up](#)

UK University Series: Study in the South East - Tuesday 2 March @ 16:30 - [sign up](#)

UK University Series: Study in London - Wednesday 3 March @ 16:30 - [sign up](#)

UK University Series: Study in the East of England - Thursday 4 March @ 16:30 - [sign up](#)

The following sessions are available week commencing 8th March 2021:

Study in Birmingham, Wales, Scotland, Yorkshire, the North East, Midlands